



## International experiences on exercise, brain and smartphone interventions: *The SmarterMove Seminar*

25<sup>th</sup> September 2019

iMUDS, Health Science Technological Park (PTS), Granada

9:00-09:30. Opening lecture. *Smartphone interventions aiming to improve health in young people with ADHD and/or obesity: The CoCA and SmarterMove Projects.*  
**Francisco B. Ortega and Lucia Torres-López, Granada, Spain**

09:30-10:30. *IMPACT research group: promoting physical activity and healthy diet through mHealth interventions throughout the lifespan.*  
**Marie Löf and Pontus Henriksson, Huddinge, Sweden.**

10:30-11:00. Coffee break

11:00-11:30. *Physical activity and cognition: understanding the importance of settings.*  
**Celia Álvarez-Bueno, Cuenca, Spain.**

11:30-12:30. Keynote lecture. *Walking Towards a Healthier Brain and Mind.*  
**Prof. Arthur F. Kramer, Boston, USA**

Organized by the PROFITH research group under the umbrella of the UCEES (Unidad Científica de Excelencia: Ejercicio y Salud), and with the support from the "Visiting Scholars" funding program of the University of Granada, and Junta de Andalucía, Consejería de Conocimiento, Investigación y Universidades y el Fondo Europeo de Desarrollo Regional (FEDER, ref. SOMM17/6107/UGR).

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